**4th Epping Forest South Sea Scouts**

**Chief Scout Gold Award**

**Personal Plan**

**Dear Scout and Parent/Guardian**

This plan has been created to help Scouts plan how to complete the independent work for the Chief Scout Gold Award. It is not mandatory, only use this document if it is useful. It gives an idea of the independent work Scouts will need to to undertake over the next two years in order to attain the Gold Award.

**How to use this form**

This form has a note in RED showing when the activity will be allocated by the leaders as part of the framework we use to manage activities. However, you do NOT need to use this framework if you want to press ahead with the work more quickly.

Download the form and delete the RED notes and make your own notes about how you might complete these activities.

You can also share your plan with your Scout leaders.

**Parents/Guardians also play a part**

Parents can help their Scout complete this questionnaire. Adult help is needed not only to provide ideas and suggestions but also ongoing support for some of the challenges the Scout will face!

**Why are we so keen on the Chief Scout Gold Award?**

Completing this award is not easy. It requires commitment, enthusiasm and imagination over a 2 - 3 year period. It provides Scouts with useful life skills such as team working, communication, leadership and planning. It looks great on a CV.

**And it's fun!**

**Name: .........................................................................................................**

**Part 1:** Activity Badges and Staged Activity Badges

*There are badges for Abseiling to Zumba - and everything in between.*

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| *What are your hobbies and interests. Are there any badges that fit these interests on the Scout website. Speak to leaders to see if they can recommend and badges.*  **Delete this note: Ongoing activity across 2 years** |

**Part 2:** Adventure Challenge Award

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| *What do you do in your spare time or on holidays that might count towards this badge? Almost anything could count towards this including cycling, abseiling, pony trekking and skiing.*  **Delete this note: Ongoing activity across 2 years** |

**Part 3:** Creative Challenge Award

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| *What creative activities do you do at school in lessons, in after school clubs, outside-school clubs or at home with your family? There are so many things this could include, like knitting, decorative paperwork, modelling, Google SketchUp, photography etc.*  **Delete this note: Ongoing activity across 2 years** |

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| *Do any of your family or friends have a creative skill they would be willing to come and share with the Scouts one evening? Please let the leaders know.* |

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| *You also need to take part in a performance of some sort. Do you take part in any school plays/orchestras or do anything similar outside of school. Do you belong to a church choir perhaps?*  **Delete this note: Ongoing activity across 2 years** |

**Part 4:** Personal Challenge Award

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| *With your parent/guardian agree what personal challenge you will complete before Easter. This could be anything from keeping your room tidy, dealing calmly with insects in your bedroom or finishing your homework on time.*  **Delete this note: If you are following the leaders framework this activity will be allocated in Year Two** |

**Part 5:** Skills Challenge Award

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| *You need to regularly take part in physical activities over a period of 4-6 weeks. These can be at school, with a club outside school or with your family or friends. You will need to keep a record of your activities and any improvements you make.*  **Delete this note: If you are following the leaders framework this activity will be allocated in Year One** |

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| *With your parent/guardian agree what five household skills you will learn and use.*  Mend or customise an item of clothing  Cook and serve a two-course meal, for at least four people  Fix a puncture or a dropped chain on a bike  Wash up after a meal, making sure everything is clean and dry  Use a washing machine to wash a load of clothes  Iron your uniform shirt  Change a lightbulb, in a ceiling light  Set a heating timer and thermostat as needed for the time of year  Clean a toilet, hob or oven  Cross out the skills above that you will not use and add any of your own here:  Other similar home skills  **Delete this note: If you are following the leaders framework this activity will be allocated in Year Two** |

**Part 6:** World Challenge Award

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| *Undertake an environmental project.*  *Leaders will normally try and organise this but if you have any ideas of your own or links to organisations that can help please let the leaders know.*  **Delete this note: If you are following the leaders framework this activity will be allocated in Year Three** |

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| *You need to take part in an activity that shows you understand your own faith or beliefs. What values do we share as Scouts? Which Scout value means the most to you?*  *This is not restricted to religious beliefs; you may have strong views about environmental issues or animal welfare issues for example.*  **Delete this note: If you are following the leaders framework this activity will be allocated in Year One** |

**Part 7:** Teamwork Challenge Award

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| *Give at least three examples of when you’ve been in different types of teams (outside of the Scouting environment). Explain your role in those teams. Only one example may feature a sporting team.*    **Delete this note: If you are following the leaders framework this activity will be allocated in Year Two** |