**Skills Challenge Award - Name:** 

**How to earn your award**

1. Regularly take part in physical activities over a period of four to six weeks. Keep a record showing your improvement. Your goal could be to develop in an activity or successfully complete a challenge.

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| **To be completed by Scout**  Describe the physical activity you undertook, your improvement and any goals you reached. |
| **Comments from Supervisor:**  I agree that ................................................................... completed the activity described above.  Name............................................................................................................ Date ................................... |